



# Attachment & Children

SEPTEMBER 2023-  
JULY 2024



An innovative and dynamic course exploring contemporary developments which support secure attachment in teaching, parenting and therapeutic work.

“ There are, in fact, no more important communications between one human being and another than those expressed emotionally, and no information more vital for constructing and reconstructing working models of self and other than information about how each feels toward the other. ”

John Bowlby

Plans  
available  
for **ONLY £50**  
a month

**ian**

International attachment Network

Welcome to the

**ian** international  
attachment  
network

JOIN  
US



DR MARIO  
MARRONE

Chairman  
International  
Attachment Network

'In my capacity as Chairman of the International Attachment Network, UK, and on behalf of this organisation, I am thrilled to announce the second year of this innovative course on Attachment and Children.'

Attachment theory provides the most reliable research based approach to understanding how individuals form close relationships and regulate their emotions across their life span from cradle to grave.

#### MEET THE TEAM



Jackie Williams



Jonathan Lloyd



Nicola Jones



Rebecca Sheik



DR NICOLA  
DIAMOND

Executive Committee  
Member  
International  
Attachment Network

Dr Nicola Diamond brings a wealth of knowledge and experience as an attachment based psychoanalytic psychotherapist with a specialist academic background in attachment. Nicola joins us for the full programme promoting the fundamental role of attachment theory in all aspects of human connection within the course.

Dr Nicola Diamond was a Senior Lecturer in Psychosocial Studies, University of East London, and taught at the Tavistock Clinic. She is also a Psychoanalytic Psychotherapist (BPC reg). She runs a private practice. She previously worked as a psychotherapist for The Helen Bamber Foundation (for survivors of torture and trauma) and at the Women's Therapy Centre in London. She is the author of *Between Skins: The Body in Psychoanalysis - Contemporary Developments*; Wiley & Sons (2013) and co-author of *Attachment and Intersubjectivity* with Mario Marrone; Whurrs publisher (2003) and has written many journals and chapter publications.

# Attachment & Children Online Certificate

---

Developing the emotional wellbeing of our children, young people, teachers and parents to enable the exploration of new possibilities for them to flourish, for those caring for children from birth to adolescence.

## This course is for:

- Parents
- Grandparents
- Foster parents
- Adoptive parents
- Teachers
- Child support workers
- Therapists working with families & children
- Play therapists



## WHAT YOU WILL GAIN FROM THE COURSE:

- making your work as a teacher or being a parent so much easier by bringing a deeper understanding, ease and fulfilment to your relationships with your children and children in your care.
- Understand the essential qualities of healthy caregiving and its interaction with the attachment (careseeking) system, which enable our children to thrive and flourish by drawing on attachment theory, neuroscience and trauma research.
- To be the best caregivers (parent or professional) requires that you explore your own experience of being cared for. It will bring the subject to life for you.
- Engaged in the most important work of our society, providing practical support to parents, teachers and professionals to facilitate transformation
- In addition to the seminars, become part of a community with reflective spaces and an online community to share, reflect and collaborate.
- Share experiences and develop ideas and practices and catch up easily on missed seminars
- **Managing tears and tantrums**
- **The brain science of relationships**
- **Parenting in a digital age**
- **Parental separation and conflict**
- **Dispelling unhelpful myths**
- **The impact of trauma and trauma proofing our kids**
- **Transformative practices such as interfamily therapy**
- **The power of connection**
- **Neurodiversity & neuropsychiatric conditions**
- **Attachment & Autism**
- **Mentalising**
- **Intergenerational trauma**
- **A relational approach to education**



# THE COURSE

- Seminars delivered by experts from around the World
- 12 seminars to explore attachment possibilities
- Access to all the seminar recordings for the duration of the course and beyond
- Regular reflective spaces to share and discuss topics explored
- Access to the Mighty Networks online community platform
- Receive bonus seminars and materials
- Includes IAN membership
- A mainly experiential course with 2 reflection papers
- 4-6 hours a month time commitment (2 hour seminars one Saturday a month, regular reflection spaces on Thursday evenings and reading time)
- 80% attendance for the certificate award required starting in Jan



# PLANS



## INDIVIDUAL

Save £££'s by paying full price

Parents, grandparents, foster and adoptive parents, teachers, child support workers and therapists can book onto the individual plan.

- Pay Monthly £50.00 x12
- One time payment £499



## SCHOOLS & ORGANISATION

Equivalent to: 1 Yr worth of CPD for only £200 per person



The school package includes 5 members of staff (i.e. Head Teacher, SENCO, Teacher, Support Staff and Parent)

The 5 participants enjoy all the benefits of the certificate course: IAN membership, access to the seminars for the duration of the course, reflective spaces and bonus material.

Receive the seminar link to be shared with staff and parents after the event FOR FREE so the ENTIRE community can benefit from the material. (Valid for 14 days) And become an Attachment Focussed School.

- One time payment £999

# Meet the EXPERTS

Catherine Counihan



Caring from our own trauma. Aspects of intergenerational trauma

16 Sep 2023

10:00 - 12:00  
BST

Catherine Counihan is an Integrative Psychotherapist working in private practice in London. She is the mother of twin girls and one of her areas of expertise is the intersection between our own trauma and our parenting. Cath specialises in complex trauma, perfectionism, nervous system healing, shifting dysfunctional patterns in our families and reparenting.

Sempere & Fuenzalida



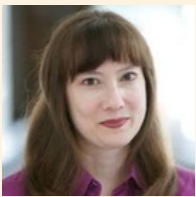
Interfamily Therapy: supporting families to support one another and find their own solutions drawing on attachment principles

14 Oct 2023

10:00 - 12:00  
BST

Javier Sempere (Elx, Spain). Psychiatrist. Group and Family Therapist. Founder and director of CTI. President of ASM. Multifamily Group Therapy supervisor. Claudio Fuenzalida (Curicó, Chile). Psychologist. Multifamily Therapist. Clinical coordinator of CTI's day hospital. Multifamily Group Therapy supervisor.

Haline Schendan



Understanding the developing brain: attachment and neuroscience.

14 Nov 2023

10:00 - 12:00  
GMT

Haline holds a Ph.D. in Cognitive Science and Neurosciences, and is experienced in academia leading interdisciplinary, internationally recognised research and education programs in cognitive and brain science of vision, learning and memory, personality, temperament, creativity and mental health. She has over 40 publications and received awards for her research, as well as securing funding over £6.5 million.

Ruth Setlak



Attachment and PANS/PANDAS: neurological conditions often wrongly assumed to be associated with bad parenting

9 Dec 2023

14:00 - 16:00  
GMT

Ruth specialises in child/parent attachment, neuro-developmental disorders, adoption, medical disorders such as PANS/PANDAS and chronic illnesses, as well as trauma, parenting dynamics, and building healthy relational dynamics. Ruth is certified in EMDR and DIR/Floortime, as well as Accelerated Experiential Dynamic Psychotherapy.

Dr Andy Farnell and  
Kate Brown



Children should be taught ABOUT digital technology, not BY digital technology. Attachment perspectives

13 Jan 2024

10:00 - 12:00  
GMT

Kate is a Bowlby Centre trained UKCP registered Attachment based psychoanalytic psychotherapist who started her career in therapeutic communities working with adults with a variety of mental health difficulties, and with adolescents individually and in groups. Kate is in private practice in Bournemouth.

Rebecca Sheikh



Healing effects of crying, raging and laughter in children

10 Feb 2024

10:00 - 12:00  
GMT

Rebecca Sheikh is a certified Level 2 Aware Parenting Instructor and the regional co-ordinator for the U.K. and Sub-Saharan Africa. Her passion lies in helping parents and educators to find ways to discipline without the use of punishments or rewards. She is a mother to 2 children age 10 and 6, her greatest inspirations. Rebecca completed an MA in Counselling in Education at The Tavistock Institute in London.

# Meet the EXPERTS

Dr Jonathan Lloyd & Theo Lloyd



Attachment and Autism

9 Mar 2024

10:00 - 12:00  
BST

Jonathan is a senior accredited therapeutic counsellor (NCS), supervisor and senior qualified hypnotherapist. He runs a busy private practice in South Manchester ([www.calminds.com](http://www.calminds.com)) He has lectured at Stockport College and for The Northern College of Creative Hypnotherapy. He has an advanced diploma in Hypnotherapy and a Doctorate in counselling. Theo Lloyd is Jonathan's son who was diagnosed with Autism at the age of four. He is currently studying to become a psychotherapist.

Maggie Kline



Trauma- Proofing your Kids

23 Mar 2024

14:00 - 16:00  
BST

Maggie Kline Family Therapist, School Psychologist, Somatic Experiencing International Faculty Member is co-author with Peter Levine of Trauma through a Child's Eyes and Trauma-Proofing Your Kids and her latest book Brain Changing Strategies to Trauma Proof your Schools.

Lucy Stephens



A Relational Approach to Education

27 Apr 2024

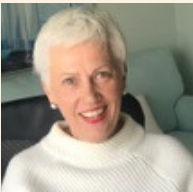
10:00 - 12:00  
BST



UK Clock Change

Lucy is the Founder and Director of The New School, an educational charity and democratic school in London. Lucy has spent a number of years researching what a school model of education could look like when it is structured in a way that values relationships, equity and inclusion. With a growing mental health crisis in the UK, Lucy is interested in what we can learn from The New School - a non fee-paying alternative educational model in action.

Nicola Jones



The impact of parental conflict: Its causes and resolutions

11 May 2024

10:00 - 12:00  
BST

Nicola works as a psychotherapist in private practice with couples, individuals and families, she trained with Relate, the Institute of Family Therapy, The Bowlby Centre and has an MA in Gender Studies, SOAS. Formerly a lawyer, Nicola is teaches attachment theory and trains individual therapists to work with couples. She has undertaken speaking engagements in a variety of international settings.

Dr Nicolas Lorenzini



Mentalising: What We Expect from and Feel about Others and Ourselves: A Key Part of Trauma Healing.

8 Jun 2024

10:00 - 12:00  
BST

Nicolas is a Chilean clinical psychologist resident in Berlin. MSc in Psychoanalysis, PhD in Psychology. Former researcher of the Anna Freud Centre for Children and Families. Currently Postgraduate Research Fellow at University College London, researcher at and Open Door Young People Service in London and at the Millennium Institute for Depression and Personality in Chile.

22 Jul 2024

10:00 - 12:00  
BST

Celebration Session

A surprise event to celebrate a year of connection.

**REGULAR  
REFLECTIVE  
SPACES DATES  
AND TIMES:**

These are held on Thursday evenings from 7:45pm- 8:45pm

19th October 2023  
14th December 2023  
18th January 2024

29th February 2024  
14th March 2024  
18th April 2024

2nd May 2024  
16th May 2024  
13th June 2024

# Meet the EXPERTS

BONUS SEMINARS

Mr Chazz Mr Chazz

See, Guide, Trust



TBC

Mr Chazz is a childhood education specialist and public figure bringing residence and connection to families around the world.

Andrea Perry

How Reach2Teach AFIT supports adults to enable children and young people in school to trust, settle to learn and flourish: the attachment aware, trauma informed approach



4th May 2024

10:00 - 12:00  
BST

Andrea trained as a Dramatherapist, Andrea is an integrative psychotherapist specialising in trauma, attachment and anxiety. She is a former Chair of the British Association of Dramatherapists, worked in adult mental health for 11 years, and was Chair of Conference for the Centre for Child Mental Health for a decade.

## WHAT PAST PARTICIPANTS SAID



Thank you so much it has been a wonderful afternoon. For me it has been so much to learn and reflect, it has also been a deeply spiritual experience. It occurs to me if we could all listen in the way that we are learning to and the way we have spoken about today. If we can all do that I think the world would be a much better place. I think it is a privileged thing to be able to do and it is a really healing, empowering and constructive thing to do and it is not easy but it is so worth it. I have loved being with all of you and thank you so much. It has been phenomenal.

Thanks so much for yesterday's talk, what an opening, already so much to digest, it really feels like a door has opened and I'm so willing to engage with the course and excited to see how it all unfolds! And was really touched by your emotion at the end, so clear your passion and commitment, it's really inspiring.

Thank you so much. I am thoroughly enjoying the course. I have learnt so much and it is making such a difference in my parenting and work. I wish that all parents and teachers could have a chance to take part in this.

Please may I share how much I am enjoying and appreciated the experience of the sharing and learning within the amazing presentations and lovely people who are so supportive. It has given me a opportunity to reflect on my self, family, work, friends and the balance of life attachment within a therapeutic and family relationship . Thank you.

I'm learning so much and enjoying this course! thank you!







## Get in touch:

Single Seminars



[Available to book without course benefits through Eventbrite](#)

Course payments:



<https://international-attachment-network.mn.co/>

General Enquiries (or for subsidised places)

[ianattachmentcourse@gmail.com](mailto:ianattachmentcourse@gmail.com)

**ian** international  
attachment  
network

Available on  
an online  
platform and  
mobile app



## FOLLOW US ON... SOCIAL MEDIA



@

[InternationalAttachmentNetwork](#)



@

[IANattachmentUK](#)



@

[IAN - International Attachment Network](#)



<https://www.ian-attachment.org.uk>